

Lesson 69 - More Korean Traditions

Aim

- * To learn about Korean traditions, in order to know more about True Parents

Materials

- * Visual aids - pictures of Korean food, Children's Day, a children's game,
- * Spoons, chopsticks to eat with
- * Materials to make fans - blue, yellow and red paint or tissue paper, paintbrushes, lollipop sticks, glue, scissors, template for the fan
- * Plastic tokens to play gonggi

Lesson Outline

1. Introduction
2. Korean Food
3. Children's Day
4. Gonggi
5. Activities - eat with chopsticks, play gonggi, make a Sam Taeguk fan
6. Review the aims
7. Prayer

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1) Introduction

In order to know more about True Parents we need to know something about the country they come from. Do you know what food Korean's eat? What holidays do they have? What games do children play?

2) Korean Food

Koreans like spicy food. Most meals contain rice, vegetables and meat. Kimchi, a spicy cabbage, is served with every meal. A spoon is used to eat soup or stew and chopsticks to eat most foods. They often have a number of side dishes and share food from one bowl. Children wait for the oldest person to start eating first.

3) Children's Day

For children in Korea, May 5th holds the same excitement that birthdays or Christmas bring to children in other parts of the world. An official holiday, Children's Day, Eorininal, is the holiday when parents shower their children with gifts and fun. A children's writer named Pang Chong-hwan invented this holiday in 1923. In a culture where parents, elders, and advanced age command respect, Pang advised all to also show love and respect to children since they represented the nation's future. Like most Korean holidays, Children's Day is celebrated with food and family

gatherings. Luckily for children May 5th also includes gifts (including money) and fun family outings to enjoy entertainment or amusements. And of course, at the end of the day, families enjoy a delicious meal together.

4) Gonggi

Gonggi is a popular Korean children's game that's similar to jacks, except there is no ball. You can play it alone or with friends. In the past, Korean children played gonggi using small pebbles. Today, kids buy colorful plastic tokens instead of using pebbles.

5) Activities

* Eat with Chopsticks - Prepare some Korean food and show the children how to eat with chopsticks. Or simply make rice to eat

* Play Gonggi

1. Scatter five gonggi stones on the ground.
2. Using just one hand, pick up one stone and toss it gently in the air.
3. Before it falls, scoop up a stone from the ground.
4. Catch the falling stone before it hits the ground.
5. Pick all stones up in this same way.

* Make a Sam Taeguk Fan

The Sam Taeguk symbol is found on traditional Korean fans. It is a variation of the Taeguk symbol found on the Korean national flag. The Taeguk is comprised of two colors, red and blue. The red represents heaven and the blue represents earth. The symbol represents harmony similar to a yin yang symbol. The Sam Taeguk includes yellow to represent humanity.

Print out the template and cut it out. Paint the template with yellow, red and blue paints. If this is too difficult for young children, use rolled up tissue paper instead and glue it onto the fan. Once dry, glue a lollipop stick to the back, and there you have your very own traditional Korean fan!

* Alternatively the children could continue singing songs and learning Korean words from the previous lesson

6) Review the aims

* To learn about Korean traditions, in order to know more about True Parents

7) Prayer



Korean food



Children's Day

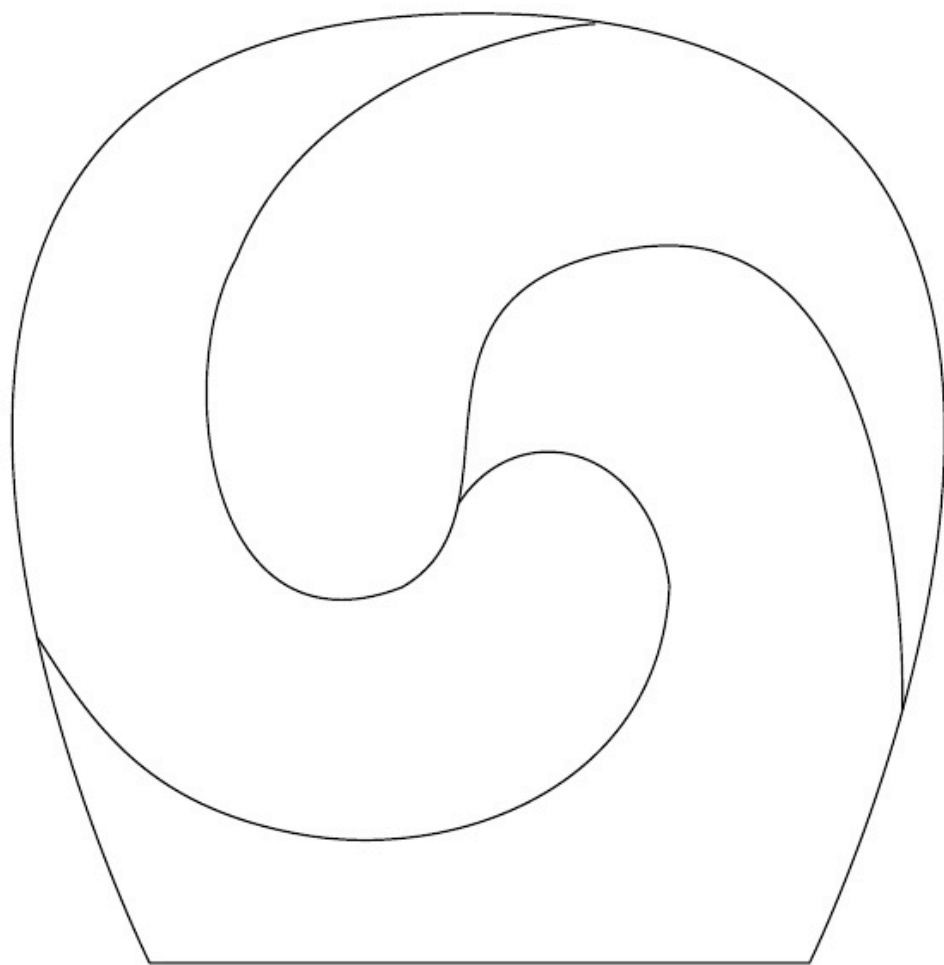


Children playing gonggi



Sam Taeguk Fan

Template for Sam Taeguk Fan



Korean Words

English	Pronunciation	Hangeul
yes	ne	네
no	aniyo	아니요
hello, how are you?	an-nyeong haseyo	안녕하세요
thank you	gamsa hamnida	감사합니다
mother	eo-meoni	어머니
father	a-beoji	아버지
one	hana	하나
two	dul	둘
three	set	셋
four	net	넷
five	daseot	다섯

Heads, Shoulders, Knees and Feet

Meori, Eokkae, Mureup, Bal

머리 어깨 무릎 발



Meo-ri, eo-kkae, mureup, bal, mureup, bal Meo-ri, eo-kkae, mureup, bal, mureup, bal
머 리 어 깨 무 릇 발 무 릇 발 머 리 어 깨 무 릇 발 무 릇 발
Head, shoulders, knees, feet, knees, feet Head, shoulders, knees, feet, knees, feet

Meori, eokkae, bal -, mureup, bal Meo - ri, eokkae, mureup, nun, ko -, gwi!
머 리 어 깨 발 - 무 릇 발 머 리 어 깨 무 릇 눈 코 - 귀!
Head, shoulders, feet, knees, feet Head, shoulders, knees, eyes, nose, ears!

Happy Birthday to You Saeng-il chukha-hamnida

Saeng-il chukha-hamnida,
생일 축하합니다,
Happy birthday to you,

Saeng-il chukha-hamnida,
생일 축하합니다,
Happy birthday to you,

Sarang-haneun _____ -ssi,
사랑하는 _____ -씨,
My lovely friend _____,

Saeng-il chukha-hamnida!
생일 축하합니다!
Happy birthday to you!

Arirang

아리랑



A-ri-rang, a-ri-rang, a-ra - ri - yo
 아 리 랑 - , 아 리 랑 - , 아 라 - 리 - 요
 A-ri-rang, a-ri-rang, a-ra - ri - yo



A - ri-rang go - gae - ro neomeo ganda.
 아 리 랑 - 고 - 개 - 로 - 넘 어 간 다.
 O-ver the - A - ri - rang hill you must go.



Na-reul beori-go ga sineun nim - eun,
 나 를 버 리 고 가 시 는 님 - 은,
 How I wish you would not go - a - way,



Simni - do - mot - ga - seo - balbyeong nanda.
 십 리 - 도 못 - 가 - 서 - 발 땀 난 다.
 It is such a lo-ng wa-lk and I want you to stay.